

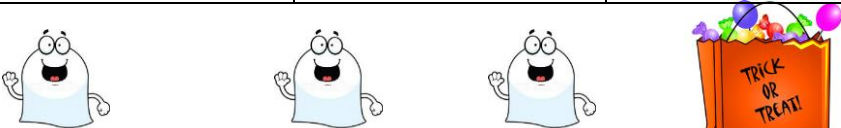


Guadalupe Union School District

Mary Buren Café, October 2016

Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Cereal Fruit	4 Breakfast Pizza Fruit	5 Yogurt Granola Fruit	6 Mini Pancake Sausage Fruit	7 Breakfast Burrito Fruit
10 Cereal Fruit	11 Bagel Cream Cheese Fruit	12 NO SCHOOL Staff Development Day	13 Pan Dulce Sausage Links Fruit	14 Apple Frudel Fresh Fruit
17 Cereal Fruit	18 Biscuit & Sausage Fruit	19 Breakfast Pizza Fruit	20 Go Big Yogurt Fruit	21 Mini Cinni Fruit
24 Cereal Fruit	25 Pan Dulce Sausage Links Fruit	26 Breakfast Burrito Fruit	27 Bagels With Cinni Cream Cheese Fruit	28 Breakfast on a Stick Fruit
31 Cereal Fruit				



= Made from Scratch

Milk is served at each meal. "USDA is an equal opportunity provider and employer"

Menu is subject to change.

Lunch Menu

Salad bar is offered at all lunches

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Chicken Tenders Potato Wedges Fresh Fruit	4 Pepperoni Pizza Fresh Fruit	5 Chili Beans Cornbread Muffin Fresh Fruit	6 Beef Taco Pinto Beans Fresh Fruit	7 Ham/Cheese Sandwich Carrot Sticks Sun Chips Fresh Fruit
10 Fish Sticks Potato Wedges Fresh Fruit	11 Bean Tostada Whole Kernel Corn Fresh Fruit	12 NO SCHOOL Staff Development Day	13 Spaghetti & Meatballs Dinner Roll Fresh Fruit	14 Grilled Cheese Sun Chips Fresh Fruit Chocolate Milk
17 Hamburger Oven French Fries Lettuce & Pickle Fresh Fruit	18 Golden Mac & Cheese Dinner Roll Fresh Fruit	19 Turkey & Gravy Mashed Potatoes Dinner Roll Fresh Fruit	20 Frito Boat Lettuce & Cheese Fresh Fruit	21 Ham/Cheese Sandwich Carrot Sticks Sun Chips Fresh Fruit
24 Domino's Pepperoni Pizza Fresh Fruit	25 Chicken Taco Pinto Beans Fresh Fruit	26 Pozole Cabbage Corn Chips Fresh Fruit	27 Gnarly Nachos Pinto Beans Fresh Fruit	28 Turkey/Cheese Sandwich Sun Chips Fresh Fruit Chocolate Milk
31 Chicken Crispito Spanish Rice Fresh Fruit	OCTOBER HARVEST OF THE MONTH: PUMPKINS, SQUASH & MANDARINS  			