



Guadalupe Union School District

Mary Buren Café, September 2016

Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Breakfast on a Stick Fresh Fruit	2 Mini French Toast Fresh Fruit
5 NO SCHOOL LABOR DAY	6 Biscuit & Sausage Fresh Fruit	7 Yogurt Granola Fresh Fruit	8 Mini Pancakes Fresh Fruit	9 Breakfast Burrito Fresh Fruit
12 NO SCHOOL Staff Development Day	13 Bagel Cream Cheese Fresh Fruit	14 Muffin Fresh Fruit	15 Pan Dulce Sausage Links Fresh Fruit	16 Apple Frudel Fresh Fruit
19 Cereal Fresh Fruit	20 Biscuit & Sausage Fresh Fruit	21 Breakfast Pizza Fresh Fruit	22 Breakfast on a Stick Fresh Fruit	23 Buttermilk Bar Fresh Fruit
26 Cereal Fresh Fruit	27 Pan Dulce Sausage Links Fresh Fruit	28 Breakfast Burrito Fresh Fruit	29 Bagel Cream Cheese Fresh Fruit	30 Breakfast Pizza Fresh Fruit



= Made from Scratch

Milk is served at each meal. "USDA is an equal opportunity provider and employer"

Menu is subject to change.

Lunch Menu

Salad bar is offered at all lunches

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Hamburger Lettuce & Pickle Potato Wedges Fresh Fruit	2 Turkey/Cheese Sandwich Sun Chips Fresh Fruit
5 NO SCHOOL LABOR DAY	6 Beef Taco Pinto Beans Fresh Fruit Chocolate Milk	7 Baked Chicken Corn on the Cob Dinner Roll Fresh Fruit	8 Chicken Tenders Potato Wedges Fresh Fruit	9 Gnarly Nachos Fresh Fruit
12 NO SCHOOL Staff Development Day	13 Arroz Con Pollo Pinto Beans Fresh Fruit	14 Pozole Cabbage Tortilla Chips Fresh Fruit	15 Spaghetti & Meat Sauce Dinner Roll Fresh Fruit	16 Grilled Cheese Chicken Soup Sun Chips Fresh Fruit Chocolate Milk
19 Bean Burrito Fresh Fruit	20 Frito Boat Fresh Fruit	21 Chicken Alfredo Bread Sticks Fresh Fruit	22 Beef Tamale Pinto Beans Fresh Fruit	23 Ham/Cheese Sandwich Carrot Sticks Sun Chips Fresh Fruit
26 Crispito Spanish Rice Fresh Fruit	27 Bean Tostada Whole Kernel Corn Fresh Fruit	28 Turkey & Gravy Mashed Potatoes Dinner Roll Fresh Fruit	29 Hamburger French Fries Lettuce & Pickle Fresh Fruit	30 Turkey/Cheese Sandwich Sun Chips Fresh Fruit Chocolate Milk